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### Units

Zentrum für Integrative Medizin

### Profile Function

scientist (group leader)

## Publications (143)

Blum D, de Wolf-Linder S, Oberholzer R, Brändle M, Hundsberger T, Strasser F. Natural ghrelin in advanced cancer patients with cachexia, a case series. *J Cachexia Sarcopenia Muscle* 2021; 12:506-516.

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## Projects (29)

**The MENAC Trial – A randomised, open-label trial of a multimodal intervention (multimodal = exercise, nutrition and anti-inflammatory medication) versus standard care in cancer patients with cachexia**

*Clinical Studies – Aug 24, 2017 – May 31, 2020*

*Automatically Closed*

**QLQ-CAX24 Phase4**

*Clinical Studies – Jul 17, 2017 – Oct 1, 2017*

*Automatically Closed*

**Monitoring of Patients’ Needs, Professional Triggers and delivered Basic Palliative Care Interventions in Routine inpatient and ambulatory of Advanced Incurable Cancer Patients: A sub-study to pilot the clinical practice tool – ESMO patient guide with KIPCC log**

*Clinical Studies – Sep 1, 2016 – Mar 31, 2017*

*Automatically Closed*

**A national palliative care database: A tool to better define the needs of palliative care patients in Switzerland – SwissPALL**

*Clinical Studies – Nov 1, 2014 – Jan 1, 2016*

*Completed*

**Patient-centred personalised palliative cancer care: A pilot feasibility study of patient-derived clinical benefit-guided chemotherapy in advanced non-small cell lung cancer (NSCLC) patients with a performance status (PS) of 2-3 due to lung cancer (Phönix)**

*Clinical Studies – Jun 16, 2014 – Dec 31, 2014*

*Completed*

**Cachexia and Toxicity: cachexia-based dosing vs. standard of care (CAT-Trial)**

*Clinical Studies – Jan 23, 2014 – Nov 30, 2014*

*Automatically Closed*

**Swiss-Romanian Cooperation Programme: Overcoming disparities on access to quality basic palliative care in the community: Partnerships to identify and improve clinical, educational, legal and economical barriers**

*Clinical Studies – May 1, 2013 – Apr 30, 2016*

*Automatically Closed*

**Decision criteria guiding chemotherapy in palliative intention: Focusgroup based formal consensus for candidate criteria**

*Clinical Studies – Jan 6, 2013 – Dec 6, 2016*

*Automatically Closed*

**Romanian-Swiss-Cooperation Program: IZERZO\_142226: Integration of medical oncology and palliative care procedures in various institutional and economical settings**

*Clinical Studies - Jan 1, 2013 - Dec 31, 2015*

*Completed*

**SMILE-Lebenssinn, persönliche Werte und Spiritualität bei Patienten mit lebensbedrohlichen Erkrankungen (NFP 67)**

*Clinical Studies - Nov 1, 2012 - Oct 31, 2014*

*Completed*

**pre-MENAC**

*Clinical Studies - Oct 28, 2012 - Sep 26, 2013*

*Completed*

**Biomarkers Cancer Cachexia in Urin and Blood**

*Fundamental Research - Oct 14, 2012 - Dec 15, 2012*

*Aborted*

**Decision criteria guiding chemotherapy in palliative intention: prospective study comparing patients, doctors', and nurses responses- KLS -02785-02-2011**

*Clinical Studies - Sep 1, 2012 - May 31, 2014*

*Automatically Closed*

**A randomized, double-blind, placebo-controlled multi-center study of BYM338 for treatment of cachexia in patients with stage IV non-small cell lung cancer or stage III/IV adenocarcinoma of the pancreas - EKSG 11/084**

*Clinical Studies - Jan 9, 2012 - Jul 31, 2012*

*Completed*

**Living well with INcurable CAncer in Europe: Quality Palliative Cancer Care integrated early in oncology for elderly people - MFZ2011016**

*Clinical Studies - Jan 1, 2012 - Dec 31, 2012*

*Completed*

**Development of a module to supplement the EORTC Core instruments for assessment of Health Related Quality of Life in patients with Cancer Cachexia - EKSG 12/091; CTU 12-11**

*Clinical Studies - Dec 1, 2011 - Dec 31, 2016*

*Automatically Closed*

**Systematic Literature Review Population and Outcomes of Clinical Trials in Cachexia**

*Clinical Studies - Sep 26, 2011 - Sep 26, 2014*

*Completed*

**Europäische Studie über die Symptome von Palliative Care Patienten (EPCCS) – Eine prospektive Datensammlung EKSG 11/072**

*Clinical Studies - Sep 1, 2011 - May 31, 2012*

*Completed*

**First in human clinical development of the MC4 receptor antagonist scFv 1E8a (Obexia) - MFZ 2010\_012**

*Clinical Studies - Nov 10, 2010 - Dec 31, 2011*

*Aborted*

**Entwicklung von Dienstleistungsmodellen der integrierten Onkologie und Palliative Care: Untersuchung von temporalen Aspekten, Involvierung von Onkologen, und Chemotherapie-Gebrauch**

*Clinical Studies - Nov 10, 2010 - Oct 31, 2011*

*Completed*

**Chart review zur Erfassung typischer Palliative Cancer Care interventionen**

*Clinical Studies - Nov 10, 2010 - Dec 31, 2011*

*Completed*

**Current Practices of Parenteral Nutrition in incurable cancer patients, having mild to severe intestinal failure: an international, case-vignette based survey of clinical experts**

*Clinical Studies - Sep 1, 2010 - Dec 31, 2013*

*Completed*

**Effect of lenalidomide (Revlimid) in solid tumour patients with inflammatory cancer cachexia syndrome on lean body mass and muscle strength: A multicenter, proof-of-concept study of fixed dose or CRP-response-guided dose of lenalidomide in relation to new standard basic cachexia management (receiving placebo) EKSG 09/40; CTU-11006**

*Clinical Studies - Oct 19, 2009 - Jun 30, 2012*

*Aborted*

**A phase I/II study of individually dose-optimized (dose escalation) bi-daily sc natural ghrelin on safety, toxicity and tolerability, and nutritional intake, physical function, muscle mass, gastrointestinal motility, eating-related symptoms and inflammation**

*Clinical Studies - May 1, 2009 - Nov 1, 2011*

*Aborted*

**Querschnittspilotstudie zur Validierung von Fragen (in Expertenrunden vorgetestet und psycholinguistisch adaptiert) zur Belastung durch krebsbedingte Ernährungsprobleme bei Patienten mit fortgeschrittenem, unheilbarem Krebs und Kachexie (Creating a questionnaire about eating related distress, ERD)**

*Clinical Studies - Mar 17, 2009 - May 6, 2010*

*Completed*

**CACHEXIA RELATED SUFFERING (CRS) AS AN EMERGING CONCEPT IN PATIENTS WITH CANCER CACHEXIA SYNDROME (CCS): A SYSTEMATIC LITERATURE REVIEW**

*Clinical Studies - Jan 1, 2009 - Mar 3, 2011*

*Completed*

**Opioid Rotation from Morphine to Buprenorphine in Advanced Cancer Patients having either Poor Pain Control or Opiate-Associated Side-Effects**

*Clinical Studies - Jun 1, 2008 - Jan 1, 2011*

*Aborted*

**E-MOSAIC: A multicentre randomised controlled trial of longitudinal electronic monitoring of symptoms and syndromes associated with advanced cancer in patients treated with chemotherapy in palliative intention**

*Clinical Studies - May 27, 2007 - Mar 31, 2012*

*Completed*

**The European Palliative Care Research Collaborative. Improved treatment of pain, depression and fatigue through translation research**

*Clinical Studies - Nov 1, 2006 - Oct 31, 2010*

*Completed*