



**N Farpour-Lambert**

**Contact**

N Farpour-Lambert

## Publications (1)

Stasinaki A, Büchter D, Shih C, Heldt K, Güsewell S, Brogle B, Farpour-Lambert N, Kowatsch T, L'Allemand D. Effects of a novel mobile health intervention compared to a multi-component behaviour changing program on body mass index, physical capacities and stress parameters in adolescents with obesity: a randomized controlled trial. *BMC Pediatr* 2021; 21:308.

## Projects (0)

No results found.

---

Kantonsspital St.Gallen

Rorschacher Strasse 95

CH-9007 St.Gallen

T: +41 71 494 11 11

[support.forschung@kssg.ch](mailto:support.forschung@kssg.ch)