



Kamila Jauch-Chara

Contact

Kamila Jauch-Chara

Publications (19)

Schmid S, Hallschmid M, Jauch-Chara K, Lehnert H, Schultes B. Sleep timing may modulate the effect of sleep loss on testosterone. *Clin Endocrinol (Oxf)* 2012; 77:749-54.

Schultes B, Schmid S, Wilms B, Jauch-Chara K, Oltmanns K, Hallschmid M. Lactate infusion during euglycemia but not hypoglycemia reduces subsequent food intake in healthy men. *Appetite* 2012; 58:818-821.

Schmid S, Hallschmid M, Jauch-Chara K, Wilms B, Lehnert H, Born J, Schultes B. Disturbed gluco-regulatory response to food intake after moderate sleep restriction. *Sleep* 2011; 34:371-7.

Jauch-Chara K, Schultes B. Sleep and the response to hypoglycaemia. *Best Pract Res Clin Endocrinol Metab* 2010; 24:801-15.

Jauch-Chara K, Schmid S, Hallschmid M, Born J, Schultes B. Veränderte neuroendokrine Schlafarchitektur bei Patienten mit Typ 1 Diabetes mellitus. *Lebendige Wissenschaft. Spitzenforschung in der Diabetologie - Innovationen und Auszeichnungen* 2010; Mai:116-123.

Hallschmid M, Jauch-Chara K, Korn O, Mölle M, Rasch B, Born J, Schultes B, Kern W. Euglycemic infusion of insulin detemir compared with human insulin appears to increase direct current brain potential response and reduces food intake while inducing similar systemic effects. *Diabetes* 2010; 59:1101-7.

Schmid S, Jauch-Chara K, Hallschmid M, Schultes B. Mild sleep restriction acutely reduces plasma glucagon levels in healthy men. *The Journal of clinical endocrinology and metabolism* 2009; 94:5169-73.

Schmid S, Hallschmid M, Jauch-Chara K, Wilms B, Benedict C, Lehnert H, Born J, Schultes B. Short-term sleep loss decreases physical activity under free-living conditions but does not increase food intake under time-deprived laboratory conditions in healthy men. *The American journal of clinical nutrition* 2009; 90:1476-82.

Jauch-Chara K, Hallschmid M, Schmid S, Bandorf N, Born J, Schultes B. Sleep loss does not aggravate the deteriorating effect of hypoglycemia on neurocognitive function in healthy men. *Psychoneuroendocrinology* 2009

Bremer J, Jauch-Chara K, Hallschmid M, Schmid S, Schultes B. Hypoglycemia unawareness in older compared with middle-aged patients with type 2 diabetes. *Diabetes care* 2009; 32:1513-7.

Schmoller A, Eberhardt F, Jauch-Chara K, Schweiger U, Zabel P, Peters A, Schultes B, Oltmanns K. Continuous positive airway pressure therapy decreases evening cortisol concentrations in patients with severe obstructive sleep apnea. *Metabolism: clinical and experimental* 2009; 58:848-53.

Schmid S, Jauch-Chara K, Hallschmid M, Oltmanns K, Peters A, Born J, Schultes B. Lactate overrides central nervous but not beta-cell glucose sensing in humans. *Metabolism: clinical and experimental* 2008; 57:1733-9.

Schmid S, Hallschmid M, Jauch-Chara K, Born J, Schultes B. A single night of sleep deprivation increases ghrelin levels and feelings of hunger in normal-weight healthy men. *Journal of sleep research* 2008; 17:331-4.

Jauch-Chara K, Schmid S, Hallschmid M, Born J, Schultes B. Altered neuroendocrine sleep architecture in patients with type 1 diabetes. *Diabetes care* 2008; 31:1183-8.

Bosy-Westphal A, Kiosz D, Peters A, Settler U, Wilms B, Later W, Hitze B, Jauch-Chara K, Hinrichs S, Muller M. Influence of Partial Sleep Deprivation on Energy Balance and Insulin Sensitivity in Healthy Women. *Obesity facts : the European journal of obesity* 2008; 1:266-273.

Schmid S, Hallschmid M, Jauch-Chara K, Bandorf N, Born J, Schultes B. Sleep loss alters basal metabolic hormone secretion and modulates the dynamic counterregulatory response to hypoglycemia. *The Journal of clinical endocrinology and metabolism* 2007; 92:3044-51.

Jauch-Chara K, Hallschmid M, Gais S, Schmid S, Oltmanns K, Colmorgen C, Born J, Schultes B. Hypoglycemia during sleep impairs consolidation of declarative memory in type 1 diabetic and healthy humans. *Diabetes care* 2007; 30:2040-5.

Jauch-Chara K, Hallschmid M, Gais S, Oltmanns K, Peters A, Born J, Schultes B. Awakening and counterregulatory response to hypoglycemia during early and late sleep. *Diabetes* 2007; 56:1938-42.

Schultes B, Fehm H, Peters A, Oltmanns K, Kern W, Reiprich E, Hallschmid M, Gais S, Jauch-Chara K, Born J. Defective awakening response to nocturnal hypoglycemia in patients with type 1 diabetes mellitus. *PLoS medicine* 2007; 4:e69.

Projects (0)

No results found.

Kantonsspital St.Gallen

Rorschacher Strasse 95

CH-9007 St.Gallen

T: +41 71 494 11 11

support.forschung@kssg.ch